Welcome to Kindergarten Super Stars!

Mrs. Myers is thrilled to invite children entering kindergarten to join us online this year for super stories and activities designed to help build school and reading readiness. Themes for the eight-week session include emotional intelligence, print awareness, letter recognition, alliteration, rhyming, phonemic awareness, narrative, and rules.

Each week for eight weeks, there will be a pre-recorded video AND a live Zoom event.

A video will be available each **Monday at 1:00 p.m.** on Facebook or the BPL Summer Community Read website.

The Zoom event will be held each **Monday at 2:00 p.m.**

This packet contains supplemental activities that correspond with each week’s theme. Packets will be available every two weeks and will include the following two sessions’ materials. We encourage you to register online to receive packets through our curbside pickup service.

We hope to see you there!

Mrs. Myers and the BPL Youth Services Team (and special guest star, Mouse)

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**BPL Summer Community Read website:** [https://bexleylibrary.org/SummerRead](https://bexleylibrary.org/SummerRead)

**Facebook:** [https://www.facebook.com/bexleylibrary](https://www.facebook.com/bexleylibrary)

**Zoom link and password:**

[https://us02web.zoom.us/j/85373908756?pwd=VWF2aENyaHVkbDA4c2pqYWpuTzh5Zz09](https://us02web.zoom.us/j/85373908756?pwd=VWF2aENyaHVkbDA4c2pqYWpuTzh5Zz09)

**Password:** kss
Kindergarten Super Stars

Week 1

Emotional Intelligence and Social Skills
5 Steps to Managing Big Emotions

1. Remind myself that it is never okay to hurt others.
2. Take 3 deep breaths or count slowly to 10.
3. Use my words to say how I feel and what I wish would happen.
4. Ask for help to solve the problem.
5. Take time to calm down.

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Kindergarten Super Stars Book List

Week 1: Emotional Intelligence/Social Skills

1. *Howard B. Wigglebottom Learns to Listen* by Howard Binkow (Listening)

   Imagine how much easier life would be if children listened better. Meet Howard B. Wigglebottom, a curious rabbit who just doesn’t listen! This book has been created to help children improve their listening skills and pay attention. Educators, parents, and children alike will laugh and learn as Howard B. Wigglebottom learns to listen.

2. *The Buddy Bench* by Patty Brozo (Inclusion and Kindness)

   Having seen what being left out is like, children become agents of change, convincing their teacher to let them build a buddy bench.

3. *Willow’s Whispers* by Lana Button (Shyness)

   When Willow speaks, her words slip out as soft and shy as a secret. At school, her barely audible whisper causes her no end of troubles. But Willow is as resourceful as she is quiet, and she fashions a magic microphone from items she finds in the recycling bin. But Willow’s clever invention is only a temporary solution. How will this quiet little girl make herself heard?
4. *The Buddy Bench* by B.D. Cottleston (Inclusion and Kindness)

In this story, the buddy bench launches two new friends on a chilly adventure. On a surprisingly snowy day in Texas, a young student finds himself braving recess alone. That is until he spots a new face sitting on the school's Buddy Bench. By the end of recess, both kids leave the playground with a brand new friend. This sweet story of friendship brings the Buddy Bench's purpose to life.

5. *Wemberly Worried* by Kevin Henkes (Worry)

Wemberly worried about spilling her juice, about shrinking in the bathtub, even about snakes in the radiator. She worried morning, noon, and night. And Wemberly worried about one thing most of all: her first day of school. But when she meets a fellow worrywart in her class, Wemberly realizes that school is too much fun to waste time worrying!

6. *We Don't Eat Our Classmates* by Ryan T. Higgins (Making Friends)

It's the first day of school for Penelope Rex, and she can't wait to meet her classmates. But it's hard to make human friends when they're so darn delicious! That is, until Penelope gets a taste of her own medicine and finds she may not be at the top of the food chain after all.

7. *Library Lion* by Michelle Knudsen (Rules)

Miss Merriweather, the head librarian, is very particular about rules in the library. But when a lion comes to the library one day, no one is sure what to do. There aren't any rules about lions in the library. And, as it turns out, this lion seems very well suited to library visiting. But when something terrible happens, the lion quickly comes to the rescue in the only way he knows how.
8. *Be Kind* by Pat Zietlow Miller (Kindness)

When Tanisha spills grape juice all over her new dress, her classmate wants to make her feel better, wondering: *What does it mean to be kind?* From asking the new girl to play to standing up for someone being bullied, this moving story explores what kindness is, and how any act, big or small, can make a difference - or at least help a friend.

9. *Saturday* by Oge Mora (Disappointment)

In this heartfelt and universal story, a mother and daughter look forward to their special Saturday routine together every single week. But this Saturday, one thing after another goes wrong. Mom is nearing a meltdown…until her loving daughter reminds her that being together is the most important thing of all.

10. *All Are Welcome* by Alexandra Penfold (Inclusion)

Celebrate diversity and inclusion with this picture book about a school where all are welcome! Follow a group of children through a day in their school, where everyone is welcomed with open arms. A school where students grow and learn from each other’s traditions and the whole community gathers to celebrate the Lunar New Year.

11. *Ravi’s Roar* by Tom Percival (Anger)

Most of the time Ravi can control his temper but, one day, he lets out the tiger within … Being a tiger is great fun at first – but who wants to play with a growling, roaring, noisy, wild tiger who won’t share or play nicely? A clever and engaging book about temper tantrums, dealing with emotions and learning to express and understand your feelings. This is the perfect book for helping with bad days and noisy outbursts.
12. *You're Finally Here* by Melanie Watts (Range of Emotions)

This is no ordinary picture-book character, and it will quickly become clear that this is no ordinary picture book - namely because you, the reader, are on the spot. You're late! At first, this little bunny is deliriously excited by your arrival, but now that you're finally here, he wants to know: where were you? After he's shown you how it feels to be kept waiting and just when he's finally satisfied that you're a good steady page-turner who's here to stay, something happens to turn the tables. The result is an off-beat ending worth waiting for!

13. *Hands Off, Harry!* by Rosemary Wells (Rules and Personal Space)

Kindergators work and play happily in Miss Harmony's class. But Harry isn't being a good classmate! He's disrupting Friendly Circle, causing accidents, and upsetting the class. Can the Kindergators find a way to help Harry learn to respect personal space?

14. *Breathing Makes It Better* by Christopher Willard and Wendy O'Leary (Feelings)

Read aloud and breathe along with this sweet story teaching children how to navigate powerful emotions like anger, fear, sadness, confusion, anxiety, and loneliness. *Breathing Makes It Better* guides children to breathe through their feelings and find calm with recurring cues to stop and take a breath. Simple guided practices, like imagining you are a tree blowing in the wind, follow each story to teach children how to apply mindfulness techniques when they need them the most.

15. *What Do You Do With a Problem?* by Kobi Yamada (Problems)

The story of a persistent problem and the child who isn't so sure what to make of it. The longer he avoids the problem, the bigger it seems to get. But when the child finally musters up the courage to face it, the problem turns out to be something quite different indeed.
Kindergarten Super Stars

Week 2

Print Awareness

and

Environmental Print
Shapes

- circle
- oval
- triangle
- rectangle
- square
- diamond (rhombus)